

HEART No: 39.

It's a lovely feeling being included in The 88 Hearts Project, knowing that around the globe, 87 other people (and them some) are sharing the same collective experience as I!

This is how receiving the heart affected me:

Late last year I found myself increasingly unhappy in my job. I was miserable in the lack of rapport I had with my Manager, but worse, that I was bullied in my workplace and Management remained unconcerned and totally ignored the issue.

Realising my contribution to the organisation was empty and meaningless; the day I returned from Burningman, I quit my job.

I was so desperate to leave, that I resigned without having any other job to go to. Lucky for me, I have an amazing, caring husband who has supported me in the last five months. Needless to say, looking for work, interviews and countless applications is grueling and exhausting, and despite my efforts to stay positive, this experience has been quite the difficult journey.

Now, quitting your job sounds exhilarating and marvelous in fantasy-land, but in reality, was one of the bravest things I've ever had to do in my life. It really affected my self-esteem and there were some days where insecurity crept in, telling me that *I was the problem* and that perhaps *I wasn't good enough* or that *something was wrong with me*.

No joke, I probably applied for over 50 roles and received countless knock-backs. **BUT**, wouldn't you know it, the same week I received my heart, I had two very successful interviews, one of which offered me the job on the spot when they realised that I was being recruited for by another employer!

Not only have I now secured a new position, but a **GREAT** one with a **FANTASTIC** company and a higher salary than before!

Who can explain, but I am certainly not one for ignoring coincidences. I like to think that coincidences are the Universe's way of telling me that I am on the right path! Isn't it amazing what a little positive re-enforcement can do, even subliminally!?

I feel it is also important to mention, that oddly, when reading about the concept of The 88 Hearts Project, an image instantly popped into my mind. I drew it immediately and attach it to this letter. It's remarkable, because the image that came to me in that very moment is the same image I use to focus during yoga and meditation. My "resolution image". When I see it during my practice, it generates a feeling of love, contentment and appreciation deep within my heart.

**Jacqueline Conway (aka G.G)**

